

MILTON ABBAS

WELLBEING TEAM GROUPS

2023

Further details can be found on our surgery website
www.masurgery.co.uk
or you can ask at Reception

ALLOTMENT

THURSDAYS

9.30am - 11.00am

Come along and spend time in our surgery allotment.



WALKING

WEDNESDAYS

Meeting at 10am at different starting points - pick up a walking programme for more information.

Friends who walk together



LINE DANCING

MONDAYS

2.00pm to 3.00pm
The Village Hall,
Winterborne
Whitechurch

For beginners
All about having fun

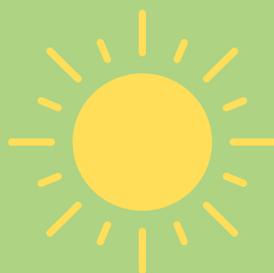


NURTURED BY NATURE

THURSDAYS
DURING TERM TIME

3.00pm to 5.00pm
Luccombe Hub
Farm

Spending time outside
with furry friends - large
and small!



PAPERCRAFT

WEDNESDAYS

2.00pm on the 1st
Wednesday of the
month
Milborne St Andrew
Sports Club Pavilion

Getting creative with
company

