

There are many activities and things for you to do in the local community to get you out and about and keep you busy.

Milton Abbas Surgery Wellbeing Team

## Craft Group



1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month at 12.30pm  
Milborne St Andrew Sports Club Pavilion  
(DT11 0JA)

Craft material, tea, coffee & biscuits available.  
No need to book.

Milton Abbas Surgery  
Wellbeing Team

## BEGINNERS LINE DANCING

Winterborne Whitechurch Village Hall  
Mondays 2.30pm – 3.30pm



All welcome, no need to book, free entry

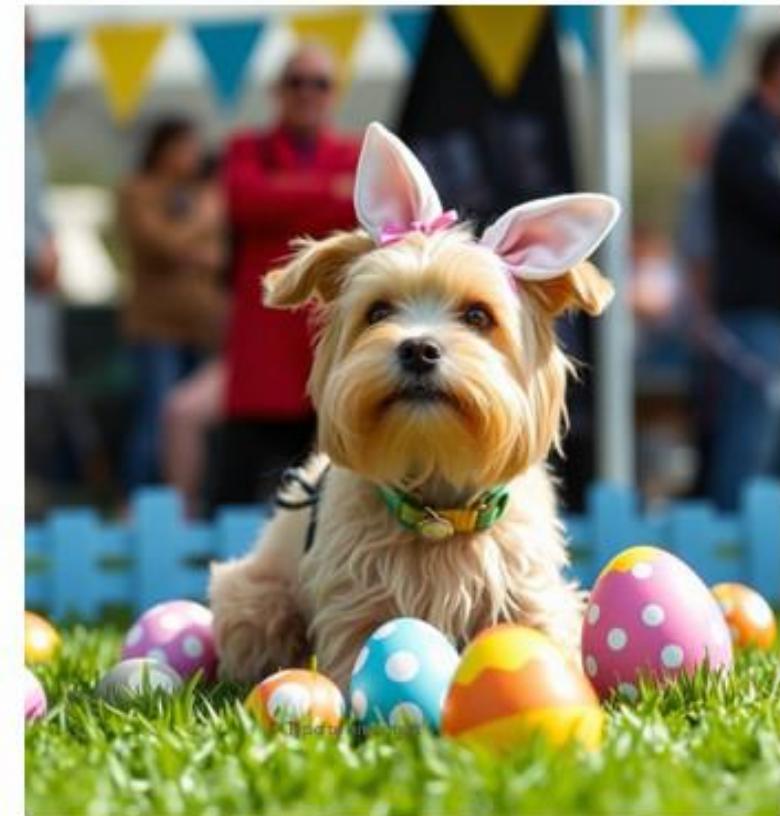
Milton Abbas Surgery Wellbeing Team



## Walking Group

Friends who walk together - Wednesday's at 10am

Please pick up a walk schedule at Reception or online on our surgery website: [www.masurgery.co.uk](http://www.masurgery.co.uk)



## MILTON ABBAS DOG SHOW

Saturday, 19 April 2025

MILTON ABBAS SPORTS PAVILION  
STARTING AT 12 NOON  
DOG SHOW 2-00 pm

MILTON ABBAS Sports Club warmly welcomes you to the annual DOG SHOW

Activities include Tombola and Raffle with some great prizes, Easter egg hunt and of course the famous Milton Abbas BBQ!

Hire a stall for just £10 (please bring your own table to display your wares, sorry no hot stalls)  
email for more details: [miltonabbaspavilion@gmail.com](mailto:miltonabbaspavilion@gmail.com)

Proceeds shared between St James' Church and Sports Club

ALL PROCEEDS TO ST NICHOLAS' CHURCH FUNDS



SOUP LUNCHES DURING LENT

THURSDAYS 13TH & 27TH MARCH & 10TH APRIL

Winterborne Kingston Village Hall at 12:30pm for £5.00

HOMEMADE SOUP WITH CRUSTY BREAD CHEESE & BISCUITS, TEA OR COFFEE RAFFLE & 'BRING & BUY' STALL



## WINTERBORNE VALLEY CROQUET CLUB WILL BE OPEN SOON FOR THE 2025 SEASON

Come and join us for a taster session of this

fun and engaging game on our

Open Day – Saturday 26<sup>th</sup> April 10.00 am until 4.00 pm

Set in the picturesque village of WINTERBORNE STICKLAND a few miles from Blandford Forum.

(What three words - race.extremely.trumpet)

A chance to have a go with coaches on hand

All equipment supplied by the club

It is recommended that flat soled shoes (trainers) are worn (to protect the lawns)

Come for Coffee and Cake and stay for a game of croquet

For more information contact - [wvcroquet.co.uk](http://wvcroquet.co.uk)

email - [wvcroquet@gmail.com](mailto:wvcroquet@gmail.com)



## Join the Museum Easter Egg Hunt

Hop on over to the Museum of East Dorset for lots of wonderful Easter activities for all the family to enjoy. The Easter Bunny is visiting the museum this spring! Come and find the Easter eggs in all sizes and colours he'll be hiding throughout the museum and beautiful garden.

From Saturday 29th March to Friday 2nd May

A prize awaits when you complete the hunt!  
PLUS  
FREE FAMILY ACTIVITY TRAIL  
EASTER CRAFTS  
EASTER BONNET DRESSING UP FUN

All included in admission price

**FREE ANNUAL PASS WITH EVERY ADMISSION TICKET TO WIMBORNE'S AWARD-WINNING MUSEUM**

Museum of East Dorset  
23-29 High Street, Wimborne Minster, Dorset, BH21 1HR  
Telephone: 01202 882533 Website: [museumofeastdorset.co.uk](http://museumofeastdorset.co.uk)

The Wellbeing Team can be contacted by telephoning the surgery 01258 880210 or email [mawellbeingteam@dorsetgp.nhs.uk](mailto:mawellbeingteam@dorsetgp.nhs.uk)  
Please note that the wellbeing team are not clinical staff and cannot advise you on clinical matters



# COMMUNITY COFFEE MORNING

Tuesday 15<sup>th</sup> April 10.30am – 12.30pm  
Winterborne Whitechurch Village Hall

All patients who would like a cuppa and company are welcome. We would also like to warmly invite our carers, with or without their cared for person.

Local support services will be there to offer advice – Our Mid Dorset PCN Occupational Therapist, our Mid Dorset PCN Carers Lead, Carer Support Dorset and Dorchester Men's Shed



# BINGO NIGHT

To raise funds for tracksuits for the Blandford United Under 7s to keep them warm and dry.

**4TH APRIL @ THE BRITISH LEGION**  
**DOORS OPEN AT 7, EYES DOWN AT 7:30**



## Grand National

Saturday 5<sup>th</sup> April 2025 ~ From 1pm



### Family fun & Games Day

Have a go at racing your own horse

Be your own horse and win a race

BBQ

Sweep stake

Everyone is welcome...  
Members & Non-Members

Email:  
[winterbornesticklandSPORTclub@gmail.com](mailto:winterbornesticklandSPORTclub@gmail.com)

[www.sticklandSPORTclub.co.uk](http://www.sticklandSPORTclub.co.uk)



YOU AND YOUR HAT ARE INVITED TO AN EASTER MAKEOVER

# EASTER BONNET WORKSHOP

CHILDREN TO BE ACCOMPANIED BY 1 ADULT

REFRESHMENTS & EQUIPMENT PROVIDED

**FRIDAY 18TH APRIL 2025**  
NEWSTONE HOUSE, STURMINSTER NEWTON  
2.30PM - 4.00PM

[HTTPS://WWW.EVENTBRITE.CO.UK/E/EASTER-BONNET-WORKSHOP-TICKETS](https://www.eventbrite.co.uk/e/easter-bonnet-workshop-tickets)

FREE EVENT BUT BOOKING REQUIRED



## Find Your Tribe We Get It!

Feeling Isolated? You're Not Alone. Being a parent of a SEND child can feel overwhelming, but here, you're among those who truly get it.

**THE VALE FAMILY HUB**  
22B BUTTS POND  
STURMINSTER  
NEWTON  
DT10 1AZ

**FRIDAYS**  
10-12PM  
TERM TIME

### What We Offer:

- A safe space to talk about the ups and downs of parenting.
- Connections with other parents who understand your challenges.
- A place to laugh, cry, and support one another.

## ROYAL VOLUNTARY SERVICE – HOME LIBRARY SERVICE

Deliver books for free to people who enjoy reading but are unable to get to their local library due to poor health or mobility. This also includes carers who unable to get out to the library.

Large print books and audio books are also available, and visits are usually every 3 weeks.

For more information, please call 01305 236666

## Neighbourcar

Need help with transport for a medical appointment?

01258 470333



Want to learn a new sport?

Are you in school years 4-6?

## Introduction to Netball Skills Workshop

Tuesday 15th April 2025

10.00am to 12.00pm, £15 pp

Everyone Active Leisure Centre  
DT11 7BD

For those new to the game, or have recently started playing...

Hosted by Level 2 coaches

Register your interest at [northdorsetnc@gmail.com](mailto:northdorsetnc@gmail.com)

