Milton Abbas Surgery Wellbeing Team Bulletin

May 2025

There are many activities and things for you to do in the local community to get you out and about and keep you busy.

> Milton Abbas Surgery Wellbeing Team Craft Group

1st & 3rd Wednesday of the month at 12.30pm Milborne St Andrew Sports Club Pavilion (DT11 0JA)

Craft material, tea, coffee & biscuits available. No need to book.

BEGNNERS LINE DANCING



All welcome, no need to book, free entry

Milton Abbas Surgery Wellbeing Team

Walking Group

Friends who walk together - Wednesday's 10am Please pick up a walk schedule at Reception or online on our surgery website: www.masurgery.co.uk



On Saturday 10th May 10.30-12.30 **MSA Village Hall**

Please come and support The **Gardening** club's annual plant sale, plants have been locally grown in MSA soil and will be great value for money. There will also be yummy homemade cakes and refreshments.



Saturday 10 Bere Regis scout hut

Doors Open at



ONLY "

Raising money for will Meadens Kenya Expedition Africian adventures.co.uk



A BEE EXPERIENCE

May 24th, June 7th & 21st



Have you ever wondered what goes on inside a beehive? Well, now's your chance to find out! Spend a fun afternoon with North Dorset Beekeepers, learning about the life of the Honey Bee and the craft of beekeeping. Open a hive to see the bees at work, then join us for tea and cakeand take home a souvenir jar of honey to enjoy!

For all the details and to book your place, scan the QR code or visit: www.tickettailor.com/events/northdorsetbka

Shillingstone Church Centre 2рт - 5.30рт



affiliated with the British Beekeepers Association

Winterborne Whitechurch Parish Council sponsors a

Tea Dance to celebrate VE Day



Thursday 8th May at 6pm

The Old School Room, Winterborne Whitechurch

With afternoon tea, jitterbugging demonstration, and a sing-a-long, plus lots of dancing and chatting!

Raffle in aid of The British Legion

FREE to attend but booking essential through

Helen Hakimzadeh 07810123713 or Liz Platten 881650

The Wellbeing Team can be contacted by telephoning the surgery 01258 880210 or email mawellbeingteam@dorsetgp.nhs.uk Please note that the wellbeing team are not clinical staff and cannot advise you on clinical matters

themillsingers.uk

The Mill Singers Male Voice Choir

Saturday 3rd May

Pimperne Village Hall

Newfield Rd, DT11 8UZ

Doors open 6.30pm

Refreshments Available





AT LOVING BY NATURE **ANTELOPE WALK** 10:30-12:00



relaxed parent and

Chill out with a cuppa, chat with other parents and build your community.

Saturday 14th June

Cheselbourne Village School and the Old Brewery Hall presents a .

> **DOORS OPEN AT 7PM** FOR A 7.30PM START

between Cheselbourne Village School and the Old Brewery Hall



Winterborne Kingston Village

SPRING FESTIVA

in celebration of Dorset

16-18 MAY 2025

Floristry Displays * Refreshments * Silent Auction

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Friday Concert - Cantilena Voices - 6.30pm - £5

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Proceeds from this festival will be donated to St Nicholas' Church



Join our Gentleman's **Gardening Group**

Starting Thursday, 10th April

269 444 For more

Thursdays, 10.30 -12.30 at Hawthorn Road Allotments Poundbury Crescent Dorchester DT1 2PD

Post-gardening refreshments provided by Maiden Castle House Care Home. £2.50 donation suggested



Enjoy gardening, games, crafts and good company!



12-14 Gloucester Rd, Dorchester DT1 2NJ MAIDEN CASTLE

