

There are many activities and things for you to do in the local community to get you out and about and keep you busy.

Milton Abbas Surgery Wellbeing Team

## Craft Group

1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month at 12.30pm  
Milborne St Andrew Sports Club Pavilion  
(DT11 0JA)

Craft material, tea, coffee & biscuits available.  
No need to book.

Milton Abbas Surgery  
Wellbeing Team

## BEGINNERS LINE DANCING



Winterborne Whitechurch Village Hall  
Mondays 2.30pm – 3.30pm

All welcome, no need to book, free entry

Milton Abbas Surgery Wellbeing Team



## Walking Group

Friends who walk together - Wednesday's 10am  
Please pick up a walk schedule at Reception or  
online on our surgery website: [www.masurgery.co.uk](http://www.masurgery.co.uk)

JOIN US FOR OUR  
**SCHOOL FETE**  
ST. NICHOLAS SCHOOL, CHILD OKEFORD DT11 8EL  
**SATURDAY, 7TH JUNE 2025**  
**12PM-4PM**

**PERFORMANCES TO INCLUDE:**  
TAEKWON-DO, DANCE DISPLAY TEAM, LINE DANCING & BAND

**CIRCUS SKILLS**  
BOUNCY CASTLES

**CAKES**  
ICE CREAM VAN

**CRAFTS**  
STALLS

**HOT FOOD**  
FACE PAINTING & GLITTER TATTOOS

CARERS TRUST

Carer Support Dorset

Carers Week

## CARING FOR THE CARERS: A WELLBEING & INFORMATION EVENT

JOIN US FOR A FRIENDLY, DROP-IN EVENT CELEBRATING DORSET'S UNPAID CARERS AS PART OF CARERS WEEK 2025!

This is a great chance to explore a wide range of support available to you! We'll have plenty of stallholders on hand from local services and organisations, all ready to chat, share information, and help you feel connected and supported.

There'll be free teas, coffees, and sweet treats to enjoy, plus some lovely Goodie Bags to say thank you for everything you do.

No need to book - just pop in and stay for as little or as long as you like. We'd love to see you there!



**10 June, 2025** **1:00 - 4:00pm**  
Dorset Museum & Art Gallery  
66 High West Street,  
Dorchester, Dorset, DT1 1XA

For more information on this event, Carers Week or anything else you'd like to chat about please don't hesitate to contact Carer Support Dorset!

[carersupportdorset.co.uk](http://carersupportdorset.co.uk) 0800 368 8349 [admin@carersupportdorset.co.uk](mailto:admin@carersupportdorset.co.uk)

St Mary's church invites you a  
Ploughman's, plus tunes you know  
from the 60's, 70's and 80's plus..  
**Friday 13<sup>th</sup> June 2025**



The Old School Room, Winterborne Whitechurch  
7pm  
**£10 per ticket (bring your own drink)**  
Booking essential – please call Liz Platten 881650  
Payment by cash on the door

FRIENDS OF DUNBURY ACADEMY'S  
**SUMMER FAIR**  
**SATURDAY 21ST JUNE**  
12-3pm School Field,  
Winterborne Whitechurch

LIVE BAND, SKITTLES, BOUNCY CASTLE,  
BAR, SWEETS, ICE CREAMS, STALLS,  
FIELD GAMES, REFRESHMENTS,  
RAFFLE, EMERGENCY SERVICE  
VEHICLES, DISPLAYS FROM THE  
PERFORMING ARTS THEATRE ACADEMY  
AND BLANDFORD GYMNASTICS AND  
LOTS MORE.....

REGISTERED CHARITY: 1057974

**FREE ENTRY** **EVERYONE WELCOME**

## A BEE EXPERIENCE

May 24<sup>th</sup>, June 7<sup>th</sup> & 21<sup>st</sup>



Have you ever wondered what goes on inside a beehive? Well, now's your chance to find out! Spend a fun afternoon with North Dorset Beekeepers, learning about the life of the Honey Bee and the craft of beekeeping. Open a hive to see the bees at work, then join us for tea and cake .....and take home a souvenir jar of honey to enjoy!

For all the details and to book your place, scan the QR code or visit:  
[www.tickettailor.com/events/northdorsetbka](http://www.tickettailor.com/events/northdorsetbka)



Shillingstone Church Centre  
2pm - 5.30pm

**NORTH DORSET BEEKEEPERS**

affiliated with the British Beekeepers Association

[www.northdorsetbeekeepers.org.uk](http://www.northdorsetbeekeepers.org.uk)

Registered Charity No.: 1193201

The Wellbeing Team can be contacted by telephoning the surgery 01258 880210 or email [mawellbeingteam@dorsetgp.nhs.uk](mailto:mawellbeingteam@dorsetgp.nhs.uk)  
Please note that the wellbeing team are not clinical staff and cannot advise you on clinical matters





All Girls Run Club Coming to Dorchester!  
Every Wednesday Starting 4<sup>th</sup> June at 7pm  
Meet at Seventy Four, Antelope Walk  
Bag Drop Off & Toilets Available!  
5km around Dorchester  
Party Pace with a Tail Walker – No Gal Left Behind!



# Dorset Menopause Support

Community Interest Company

## INFORMATION & SUPPORT MEETING

At The Vale Family Hub  
STURMINSTER NEWTON  
5.30pm to 7pm  
4TH TUESDAY OF EACH MONTH  
Free & open to all women  
For more details  
[www.dorsetmenopausesupport.co.uk](http://www.dorsetmenopausesupport.co.uk)



# 60+ GROUPS & ACTIVITIES ACROSS DORSET

Registered Charity 1172716



Crafting Groups



Carers Support Groups



Mentoring & Befriending



Gardening Groups



Coffee Mornings



Memory Lane Groups

PramaLife have developed 60+ clubs, groups and activities for older adults and Carers across Bournemouth, Poole, Christchurch and East Dorset. There are also specialised groups providing unique services for people living with dementia and their carers. Groups and activities are run by experienced group leaders and supported by an amazing team of volunteers.

For more information, contact the team:

**01202 804914**  
[www.prama.org.uk/pramalife](http://www.prama.org.uk/pramalife)



FREE ENTRY

# HUB FEST

INVITES YOU TO

**Saturday 21<sup>st</sup> June**  
**12pm 6pm**  
Luccombe Hub, DT11 0BD

**Come Join us!**

**Live Bands Playing Throughout The Day**

BBQ - CAKE STALL - LICENSED BAR - CRAFT STALLS - ANIMAL FEEDING - ALPACA WALKING - RAFFLE - FACE PAINTING - NOVELTY DOGSHOW - STAFF IN STOCKS

To Book a stall or table CALL. 07930726886


ALL IN AID OF OUR WONDERFUL CHARITY

FRIENDS OF LUCCOMBE HUB

CHARITY NUMBER 1205268

Sturminster Newton's

# Knit & Natter



Invite fellow Crafters of all abilities to join them at their new venue...

**The Exchange Cafe**

on the First & Third Wednesday of the Month  
2pm until 3.30pm

Please just come along or contact 07791604007 for more information

Cheselbourne Village School and the Old Brewery Hall presents a ...

# Charity Quiz!

**Saturday 14<sup>th</sup> June**

**DOORS OPEN AT 7PM FOR A 7.30PM START**

Cash bar and bar snacks available.  
All money raised will be split between Cheselbourne Village School and the Old Brewery Hall



# Health Walks

**Free**

**Dorchester**

**More than just a walk**  
It's a chance to unwind, meet new people and improve your health and wellbeing.

**Getting active made easy**  
No need to plan your route, come along to one of our friendly volunteer-led walks near you.

**Just turn up on the day and enjoy!**

**Various locations**

**Every Monday morning & Tuesday afternoon**

**Visit the website below for starting locations**

If you would like more information please email Dorset Council's Health and Activity Team at [dorsethealthwalks@dorsetcouncil.gov.uk](mailto:dorsethealthwalks@dorsetcouncil.gov.uk), call 01425 480811 or visit [dorsetcouncil.gov.uk/dorset-health-walks](http://dorsetcouncil.gov.uk/dorset-health-walks)



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