

There are many activities and things for you to do in the local community to get you out and about and keep you busy.



Milton Abbas Surgery Wellbeing Team

Craft Group

1st & 3rd Wednesday of the month at 12.30pm
Milborne St Andrew Sports Club Pavilion
(DT11 0JA)

Craft material, tea, coffee & biscuits available.
No need to book.



Milton Abbas Surgery
Wellbeing Team



BEGINNERS LINE DANCING

Winterborne Whitechurch Village Hall
Mondays 2.30pm – 3.30pm

Please note that the last Line Dancing group this year will be on Monday 15th December 2025. The group will restart on Monday 5th January 2026.

All welcome, no need to book, free entry



Milton Abbas Surgery Wellbeing Team

Walking Group

Friends who walk together - Wednesday's 10am
Please pick up a walk schedule at Reception or online on our surgery website: www.masurgery.co.uk

Carers Money Matters Hub

This hub is the one stop shop to find out everything you could ever need to know about the Carers Money Matters program. From help with finances, getting back to work, training courses, health and wellbeing, what's on and the support available in your community.

<https://www.carersupportdorset.co.uk/carers-money-matters>

Neighbourcar

Need help with transport for a medical appointment?
01258 470333

Sturminster Newton's

Knit & Natter



Invite fellow Crafters of all abilities
to join them at their new venue...

The Exchange Cafe

on the First & Third
Wednesday of the Month
2pm until 3.30pm

Please just come along or contact
07791604007 for more information



STURMINSTER NEWTON YOUTH CLUB

JOIN US FOR MUSIC, GAMES,
CHILLOUT SPACE AND MORE

SCHOOL
YEAR 9+
EVERY
WEDNESDAY
7PM - 9PM

SCHOOL
YEAR 7&8
EVERY
FRIDAY
4PM - 6PM

UNIT 2, RICHMAR TRADING CENTRE,
BUTTS POND IND ESTATE, DT10 1AZ

For more info get in touch with Claire:

07977859700

claire.bailey@ycsw.org.uk



Scan to join our
WhatsApp group
for updates!



This is proudly supported by Sturminster Newton Town Council with funding
from The Charity of William Williams.



North, South
& West Dorset
ageUK
Let's change how we age

Coming Soon!

Swanage Forget-Me-Not Group

Launching 14th January 2026

Wednesday's 10.30-12.00 | Emmanuel Church, Victoria Avenue Swanage | £2.50 per person

Dorchester Forget-Me-Not Group

Launching 5th January 2026

Monday's 1.30-3.00 | Age UK NSWD, Crown Square, Poundbury, DT1 3EN | £2.50 per person

Dorchester Seated Exercise Classes

Launching January 2026

Age UK NSWD, Crown Square, Poundbury, DT1 3EN | £5 per person

To register call 01305 269444 or email:
wellbeingsservice@ageuknswd.org.uk

WE NEED YOU

NEXT MEETING:

WHEN: 9th December 2025

TIME: 12.00noon

WHERE: Function room of the Royal Oak, Milborne St Andrew

JOIN OUR
PATIENT VOICE!

Our Patient Voice meetings are open to all patients
over 18yrs old.

We would really appreciate support in how we can
improve our service provision, and would love to
hear what patients from all backgrounds have to
say. Why not come along to our next meeting?

If you are interested in knowing more, please
visit our surgery website or contact the
Secretary Nigel Hodder on 07983 013781.

www.masurgery.co.uk/patient-voice



The Wellbeing Team can be contacted by telephoning the surgery 01258 880210 or email mawellbeingteam@dorsetgp.nhs.uk
Please note that the wellbeing team are not clinical staff and cannot advise you on clinical matters



ST NICHOLAS' CHURCH
WINTERBORNE KINGSTON

CHRISTMAS FAYRE

**SAT 6TH DECEMBER
THE VILLAGE HALL
10:30 - 12 NOON**

Raffle, Silent Auction,
Competitions, Stalls,
Cakes, Pastries
Coffee, Tea & Mince Pies

FOR MORE DETAILS PLEASE CONTACT
JOAN NASH ON 01929 471559

All proceeds to St Nicholas' Church



FRIENDS OF
DUNBURY
ACADEMY

Christmas FAIR

**SANTA'S GROTTO, GAMES,
RAFFLE, GIFTS, FOOD & DRINK**

**Friday 12th December
3.30 - 5.30 pm**

FREE ENTRY - EVERYONE WELCOME!
PROCEEDS WILL GO TOWARDS NEW OUTDOOR EQUIPMENT
FOR DUNBURY ACADEMY

 DUNBURY ACADEMY AND VILLAGE
HALL, WINTERBORNE
WHITECHURCH

CHARITY NO. 1057974  Dunbury
Church of England Academy



Canzonetta at Christmas

A concert of festive songs and carols
Sunday 14th December 3pm

St Mary's Church
Winterborne Whitechurch DT11 0AN



Free admission
Retiring collection for the church funds
join us after for mulled wine and mince pies



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CHRISTMAS COFFEE MORNING

Saturday December 13th
At the
**Pamela Hambro
Village Hall**
10.am - 11.30am

Come along for a pre Christmas
catch up with friends and neighbours

All welcome


CHRISTMAS SERVICES

IN MILTON ABBAS

**Sunday 14th December
@ 6pm**
Milton Abbey Carols

**Friday 19th December
@ 7pm**
St James Church
(Informal carols with mulled
wine and hot chocolate)

Christmas Eve @ 6pm
St Catherine's Chapel
Carols by Candlelight
with Communion



Meet Santa and His Magical Sleigh



£3 per child

*All proceeds from meeting Santa go to Teddy20 Charity

Date: Saturday 20th December
Location: Milton Abbas Sports Club
Address: Hoggan Down DT11 0BB
Santa arrives after 12
Carol Singers Chestnuts Roasting
Mulled Wine Raffle Stalls



May this Christmas end the present
year on a cheerful note and make way
for a fresh bright new year.
Here's wishing you a Merry Christmas!

From all of us at Milton Abbas Surgery